

# Principle 5: Get to know each other!

Nurturing a sense of comfortability in the room, particularly if participants do not know one another, is essential for **trust building** and engendering a sense of **safety** among participants. Plus, where will you find a more fabulous group of folks than at your feminist conversation about the internet? **Learning about one another is part of the fun!**

At the start of the conversation, run a few activities that spark personal reflection about participants' relationship to the internet. When folks share their stories with one another, **participants discover commonalities** between their experiences and the experiences of others in the room, which **catalyses connection and builds a sense of trust**.

Want to get your hands on some fun activities? **You're in the right place!** Keep reading!

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